



Energize
your body
and relax
your mind

outdoor yoga

Every Tuesday and Thursday
May 28-September 26, 8:30-9:25am

Free for all CA members on a drop-in space available basis. Columbia Cardholders: Six classes for \$45 (\$12 drop-in per class) Non-members: Six classes for \$60 (\$12 drop-in per class)

All classes are weather dependent. Please bring your own mat. Classes canceled due to weather will not be made up. For more information, please email Group.Fitness@ColumbiaAssociation.org.